



THEMATIC SESSIONS PROGRAM (Sessions 1–4)

THEMATIC SESSIONS (after working hours)

Session 1:

“Grief Theory: Models and Process”

JAN 05 (Mon)

5:00-8:00 pm

ESSUA/Online

- Classical and contemporary models of grief.
- Types of grief and their respective contexts.
- Manifestations of grief: symptoms and reactions.
- Influence of cultural and socio-institutional factors on the experience and expression of grief.

Session 2:

“Grief Theory: Specificities of Grief”

JAN 07 (Wed)

5:00-8:00 pm

ESSUA/Online

- Disenfranchised grief: concept and implications.
- Emotional complexity, relational impact, and stigma of Disenfranchised grief.
- Specificities of non-finite loss (IDD).
- Suicide bereavement.
- Ethical and professional implications.

Session 3:

“Specialized Practices in Grief Support: Communication and Intervention”

JAN 12 (Mon)

5:00-8:00 pm

ESSUA/Online

- Sensitive language in grief support: empathic communication, active listening, and genuine presence.
- Specialized grief-support practices: support needs and levels of intervention.
- Person, family, and community-centered care.

Session 4:

“Specialized Practices in Grief Support: Capacity Building, Integration, and Collaboration”

JAN 14 (Wed)

5:00-8:00 pm

ESSUA/Online

- Development of practical, contextualized responses tailored to different professional settings.
- Identification of needs, gaps, and future challenges in specialized grief-support training.