



FMAL Program – Multidisciplinary Training in Bereavement Support

[specialization course]

Module 0: “Theoretical Constructs and Essential Skills for Specialized Practice in Grief Support”

with **Prof. Janet McCord (USA)**

Department of Education and Psychology- **University of Aveiro**

(in-person and online)

Masterclasse 1 Program - “Suicide Bereavement: Postvention Strategies”

Jan 9, 2026 (Friday)

09h00	Opening of the Secretariat
09h30	
09h30	Welcome & Formal Opening Session
10h00	Institutional representatives
	Representatives of the research project: “Grief Counseling – specialized training in the Portuguese context”
10h00	The specificity of Suicide Bereavement: Suicide Theory
11h00	Thematic session with Prof. ^a Janet McCord
11h00	<i>Coffee break</i>
11h30	<i>Networking</i>
11h30	Intervention strategies in suicide
13h00	Thematic session with Prof. ^a Janet McCord
13h00	<i>Lunch on your own</i>
14h30	Round Table: “Best Practices in Postvention in Suicide”
15h30	<ul style="list-style-type: none"> • Dr. Ana Félix – Clinical Psychologist at Saúde Positiva, postgraduate student in Thanatology at Edgewood University (USA). • Founders of ABYSS (non-profit association for suicide prevention).
15h30	<i>Coffee break</i>
16h00	<i>Networking</i>
16h00	Application of postvention strategies in suicide
17h00	Thematic session and practical exercise, with Prof. ^a Janet McCord
17h00	Closing Session
17h15	