



FMAL Program – Multidisciplinary Training in Bereavement Support

[specialization course]

Module 0: “Theoretical Constructs and Essential Skills for Specialized Practice in Grief Support”

with Prof. Janet McCord (USA)

Department of Education and Psychology- University of Aveiro

(in-person and online)

Masterclasse 1 Program - “Suicide Bereavement: Postvention Strategies”

Jan 9, 2026 (Friday)

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| 09h00 | Opening of the Secretariat |
| 09h30 | |
| 09h30 | Welcome & Formal Opening Session |
| 10h00 | Institutional representatives |
| | Representatives of the research project: “Grief Counseling – specialized training in the Portuguese context” |
| 10h00 | The specificity of Suicide Bereavement: Suicide Theory |
| 11h00 | Thematic session with Prof. ^a Janet McCord |
| 11h00 | <i>Coffee break</i> |
| 11h30 | <i>Networking</i> |
| 11h30 | Intervention strategies in suicide |
| 13h00 | Thematic session with Prof. ^a Janet McCord |
| 13h00 | <i>Lunch on your own</i> |
| 14h30 | |
| 14h30 | Round Table: “Best Practices in Postvention in Suicide” |
| 15h30 | <ul style="list-style-type: none">• Dr. Ana Félix – Clinical Psychologist at Saúde Positiva, postgraduate student in Thanatology at Edgewood University (USA).• Founders of ABYSS (non-profit association for suicide prevention). |
| 15h30 | <i>Coffee break</i> |
| 16h00 | <i>Networking</i> |
| 16h00 | Application of postvention strategies in suicide |
| 17h00 | Thematic session and practical exercise, with Prof. ^a Janet McCord |
| 17h00 | Closing Session |
| 17h15 | |