



## FMAL Program – Multidisciplinary Training in Bereavement Support

[specialization course]

### Module 0: “Theoretical Constructs and Essential Skills for Specialized Practice in Grief Support”

with **Prof. Janet McCord (USA)**

Department of Education and Psychology- **University of Aveiro**

(in-person and online)

## Masterclass 2 Program - “Supporting Grief in Multidisciplinary Contexts”

**Jan 16, 2026 (Friday)**

09h00	<b>Opening of the Secretariat</b>
09h30	
09h30	<b>Welcome &amp; Formal Opening Session</b>
10h00	Institutional representatives
	Representatives of the research project: “Grief Counseling – specialized training in the Portuguese context”
10h00	<b>Building Capacity in Bereavement Support – applying quality knowledge for effective practice</b>
11h00	Thematic session with Prof. Janet McCord
11h00	<i>Coffee break</i>
11h30	<i>Networking</i>
11h30	<b>Best Practices in Bereavement Support in Multidisciplinary Settings</b>
13h00	Thematic session with Prof. Janet McCord
13h00	<i>Lunch on your own</i>
14h30	<b>Round Table: “Multidisciplinary Experiences in Bereavement Support in Portugal”</b>
16h00	<ul style="list-style-type: none"> <li>• Professor Artur da Rosa Pires – PAPL: Bereavement Support Program (pilot project of the Ílhavo City Council).</li> <li>• Prof. Teresa Gonçalves – D. Manuel I Secondary School (Beja School Group).</li> <li>• Nurse Carla Pinho – ULSRA: Palliative Care Unit, Estarreja Unit of CHBV (Visconde de Salreu Hospital).</li> <li>• Dr. Ana Costa – Servilusa: funeral homes.</li> <li>• Dr. Mariana Abranches Pinto – Compassio – compassionate community of Porto.</li> <li>• Dra. Adela Pakandlova – Grief and Clay Workshops: Coventry University (UK)</li> </ul>
16h00	<i>Coffee break</i>
16h15	<i>Networking</i>
16h15	<b>“Comedies of People”</b>
16h30	Artistic performance with Clown Catarina Vaz (in partnership with Compassio)
16h30	<b>Key Messages (Take-away messages)</b>
16h45	Conclusion of Module 0 of the FMAL course, with Prof. Janet McCord
16h45	<b>Closing Session</b>
17h00	