



FMAL Program – Multidisciplinary Training in Bereavement Support

[specialization course]

Module 0: “Theoretical Constructs and Essential Skills for Specialized Practice in Grief Support”

with Prof. Janet McCord (USA)

Department of Education and Psychology- University of Aveiro

(in-person and online)

Masterclass 2 Program - “Supporting Grief in Multidisciplinary Contexts”

Jan 16, 2026 (Friday)

09h00	Opening of the Secretariat
09h30	
09h30	Welcome & Formal Opening Session
10h00	Institutional representatives Representatives of the research project: “Grief Counseling – specialized training in the Portuguese context”
10h00	Building Capacity in Bereavement Support – applying quality knowledge for effective practice
11h00	Thematic session with Prof. Janet McCord
11h00	<i>Coffee break</i>
11h30	<i>Networking</i>
11h30	Best Practices in Bereavement Support in Multidisciplinary Settings
13h00	Thematic session with Prof. Janet McCord
13h00	<i>Lunch on your own</i>
14h30	
14h30	Round Table: “Multidisciplinary Experiences in Bereavement Support in Portugal”
16h00	<ul style="list-style-type: none"> • Professor Artur da Rosa Pires – PAPL: Bereavement Support Program (pilot project of the Ílhavo City Council). • Prof. Teresa Gonçalves – D. Manuel I Secondary School (Beja School Group). • Nurse Carla Pinho – ULSRA: Palliative Care Unit, Estarreja Unit of CHBV (Visconde de Salreu Hospital). • Dr. Ana Costa – Servilusa: funeral homes. • Dr. Mariana Abranches Pinto – Compassio – compassionate community of Porto. • Dra. Adela Pakandlova – Grief and Clay Workshops: Coventry University (UK)
16h00	<i>Coffee break</i>
16h15	<i>Networking</i>
16h15	“Comedies of People”
16h30	Artistic performance with Clown Catarina Vaz (in partnership with Compassio)
16h30	Key Messages (Take-away messages)
16h45	Conclusion of Module 0 of the FMAL course, with Prof. Janet McCord
16h45	Closing Session
17h00	